



Havasupai Backpacking List

Essential + Accessible Gear

- ☐ 48L backpack, lightweight
- ☐ 1 daypack, lightweight
- ☐ 1 backpacking tent, 3-season 2-person with rainfly
- ☐ 1 sleeping bag, -10°
- ☐ 1 sleeping pad, compressible
- ☐ Trail Map, printed or app
- ☐ Sunscreen with 30+ SPF
- ☐ Lip balm with 30+ SPF
- ☐ 1 wide-brimmed hat
- ☐ 2 bandanas
- ☐ 2 sunglasses
- ☐ 1 headlamp
- ☐ 1 LED flashlight
- ☐ Extra batteries
- ☐ 1 battery pack
- ☐ Cords for electronics
- ☐ 100 feet paracord
- ☐ 1 tarp, medium
- ☐ Snacks for the trail
- ☐ Water for the trail
- ☐ 1 set of hiking poles
- ☐ 8 carabiners
- ☐ Duct Tape, wrapped around hiking poles
- ☐ 1 Safety Kit
- ☐ 1 Pepper Spray



Havasupai Backpacking List

Cooking

- ☐ 1 Jetboil + adapter piece
- ☐ 2 Jetboil propane tanks, small
- ☐ 1 cooking pot
- ☐ 1 plate/bowl/utensil set
- ☐ 2 knives, 1 serrated/1 hammer function
- ☐ 2 water bottles
- ☐ 1 mug with lid
- ☐ 3 mini sponges, soaked/dried with dish soap in a ziploc bag
- ☐ 1 rat sack, mesh, large
- ☐ 1 odor-proof bag, large
- ☐ 6 large ziplock bags
- ☐ 3 garbage bags
- ☐ 2 lighters in a ziploc bag
- ☐ 1 water jug, 5-gallon, compressible

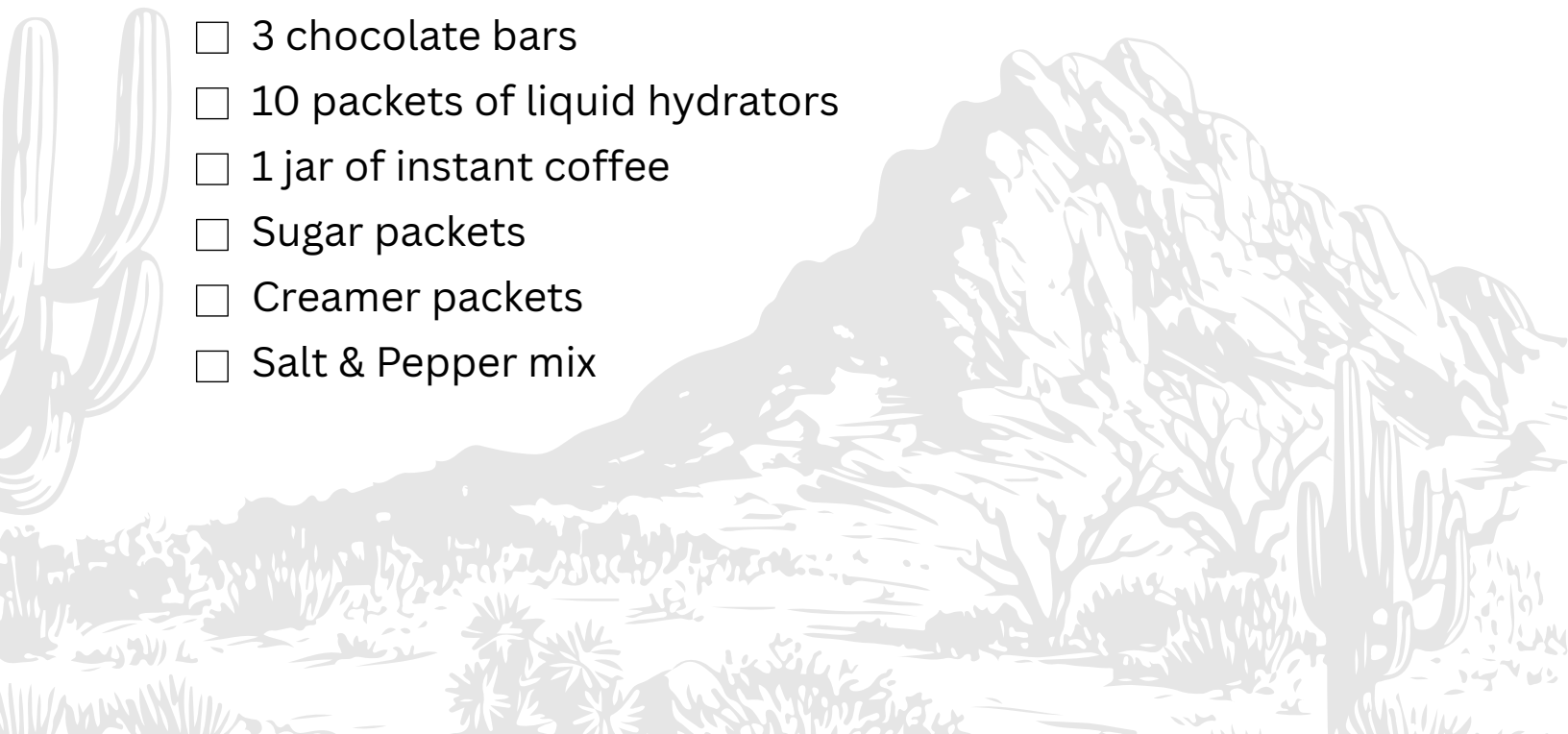




Havasu Falls Backpacking List

Food

- ☐ Breakfast at the Hualapai Lodge
- ☐ Fresh fruit
- ☐ Dried fruit
- ☐ Mixed nuts
- ☐ 1 Fry Bread with powdered sugar (in Supai, if open)
- ☐ 1 home-made pasta dish, vacuum-sealed/frozen
- ☐ ½ parmesan brick
- ☐ 3 oatmeals
- ☐ 3 energy bars
- ☐ 2 Indian food packets
- ☐ 1 packet Nutritional Yeast
- ☐ 2 rice packets
- ☐ 2 instant potato packets
- ☐ 2 noodle soup packages
- ☐ 3 peanut butter packets
- ☐ 3 chocolate bars
- ☐ 10 packets of liquid hydrators
- ☐ 1 jar of instant coffee
- ☐ Sugar packets
- ☐ Creamer packets
- ☐ Salt & Pepper mix





Havasupai Backpacking List

Clothing

- ☐ 1 digital watch
- ☐ 1 goose-down jacket with hoodie, compressible
- ☐ 1 wool hoodie
- ☐ 1 poncho
- ☐ 1 long sleeved, dry wicking shirt
- ☐ 1 long sleeved, thermal shirt
- ☐ 3 sleeveless shirts
- ☐ 1 thermal pants
- ☐ 1 fur-lined leggings
- ☐ 1 dry wicking cargo pants
- ☐ 1 bicycle shorts
- ☐ 2 pairs gloves, fingerless/fleece-lined
- ☐ 1 pair of hiking boots
- ☐ 1 pair of water sandals
- ☐ 6 pairs of socks, wool recommended
- ☐ 4 sports bras
- ☐ 4 undergarments
- ☐ 2 beanies
- ☐ 1 scarf





Havasu Falls Backpacking List

Toiletries

- ☐ Baby wipes
- ☐ Hand sanitizer
- ☐ Lotion
- ☐ Facial lotion SPF 30+
- ☐ Deodorant
- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Eye drops
- ☐ Hairbrush
- ☐ Hair ties
- ☐ 1 dry wicking towel, large





Havasupai Backpacking List

Miscellaneous

- ☐ 1 LumiAid light, solar powered, compressible
- ☐ 3 sets of hand/foot warmers
- ☐ 1 waterproof bag, medium
- ☐ 2 emergency blankets
- ☐ 18oz flask, Tequila
- ☐ 3 limes
- ☐ 1 deck of playing cards
- ☐ 1 Orbital
- ☐ 1 harmonica
- ☐ 1 Nikon DSLR
- ☐ Extra batteries
- ☐ 1 tripod, small

